



## Grow Your Own

### Carrots

How you grow your carrots will depend on the variety. Most varieties are sown in April and July, and grow best in a sunny, outdoor location. The soil will need to be fertile with good drainage.

**Top Tip - If your garden is stony, shallow or clay-based, consider planting short-rooted carrots**

We chose a to plant 'Flyaway' carrots as this variety has a high resistance to the carrot root fly.

1. Sow the seeds at a depth of 1cm in drills that are roughly 30cm apart
2. Water well to encourage germination
3. Germination will take between 2 to 3 weeks
4. After germination, water as needed to keep the soil moist. Do not over-water
5. Your carrots will be ready for harvesting about 12 to 16 weeks after sowing, Lift carrots carefully using a fork.

**Plant:** February to July  
**Harvest:** May to October

